



News from the Heart

Together we Grow & Rejoice

Thursday, 27th September 2018



REC—Faith Page



Scripture Passage: Matthew 22:35-40 - The Greatest Commandment

*A lawyer, to disconcert Jesus, put a question,
'Master, which is the greatest commandment of the Law?'*

Jesus said,

'You must love the Lord your God with all your heart, with all your soul, and with all your mind.

This is the greatest and the first commandment.

The second resembles it:

You must love your neighbour as yourself.

On these two commandments hang the whole Law, and the Prophets also.'

On Monday the school, parent and parish communities came together to celebrate Mercy Day. The theme for Mercy Day was taken from the Gospel of Matthew. Matthew retells the story of Jesus being questioned about the greatest commandment to live by. In the homily, Deacon Jack reminded us of how we can live out the greatest commandment in our daily lives and how we can love God with all our hearts, soul and mind. He gave examples of how Catherine McAuley and Mother Teresa lived out the Mercy Values in their interactions with others and how this is a kind of love that is spiritual and unselfish, it is to serve freely without reward, to suffer without seeking revenge and to act with respect, justice, caring, and compassion.

Mercy ... not only bestows benefits, but receives and pardons again and again

Catherine McAuley



Principal: Mrs Mary Kastoun
12 Ralph Street Westmead 2145
Phone: (02) 8633 4500
Email: sacredheartwestmead@parra.catholic.edu.au
Web: www.sacredheartwestmead.catholic.edu.au

Parish Priest: Fr. Walter Fogarty
14 Ralph Street Westmead 2145
Phone: (02) 9635 9262
Fax: (02) 9633 9813
Email: office@sacredheartwestmead.com.au
Website: www.sacredheartwestmead.com.au

Focus: Kagan High Five Quiet Signal

During the school day students interact and engage with their peers in the playground and within the classroom. When a teacher needs to get their attention or prepare them for the learning ahead, it is important a structure is established that doesn't involve teachers raising their voices, as that's not enjoyable for anyone and wastes quality learning time.

At Sacred Heart we use the Kagan High Five Quiet Signal. The quiet signal works when a teacher puts their hand in the air. Then students paying attention raise their own hand and get other students attention to be quiet and signal others to do the same. This process should take between 3-5 seconds, as it should spread from the teacher to the students like ripples from a pebble dropped in a pond. We wait for the last student hand to go up, to show that we will not start speaking until every student is showing respect and ready to learn.

If we want our students to be more responsive, we need to give them more responsibility. The quiet signal is not only about students being compliant and quiet themselves. It is also about students working as a team and using their influence in a positive way to encourage others to be quiet and respectful.

If you would like to learn more about Kagan structures please visit https://www.kaganonline.com/what_is_kagan/

Megan Owens

DATES FOR YOUR DIARY**Friday 28th September 2018**

Last Day of Term

Monday 15th October

First day back—Term 4

15th October-26th October

Swimming Program commence

Dance Fever

On Friday night some of our students competed in the Dance Fever 3-6 Interschool Challenge competition. This was a wonderful event where the students displayed their talents for dancing and teamwork skills. The students showcased The Samba and The Waltz in their year groups and then their amazing showstopper challenge dance. We are all very proud of the team! To top off the night Sacred Heart took home 2 trophies. One trophy for most points received in Year 3 and the second trophy was received for overall winner. This year we didn't place in the showcase dance but there is always next year! Thank you to Mrs Kingsley, Miss Owens and Mr Stevens who helped support the kids on the night.



Year 6 Snapshot



Name: **Sharanya Kugan**

Favourite memory of school	My favourite memory of school is having fun participating in colour day in Kindergarten with Mrs.Roberts. We wore a different colour everyday of school.
Contributions I have made to the school community	Some contributions I have made for the school community are coming up with a new fundraiser with another peer called 'Inspiration Day'; setting up and supervising games with a team, for the younger children to play at lunch.
One way I think I can make a difference in the world	One way that I think I can make a difference in the world is by helping poor people in third world countries to obtain food to eat and water to drink. They should have their medicinal needs and access to a happy and healthy life.
My ambition for the future	My ambition for the future is to become either a doctor or a lawyer. I want to be able to support disadvantaged people
Words to live by: My Motto	My motto that I will always live by is: ' <u>Good things come in small packages</u> '. I will always repeat this motto to remind me that being short isn't a bad thing. It can be very helpful at times.
What makes Sacred Heart Primary School unique?	Sacred Heart is uniquely different because even though we have a small community, we come together as a family with our friends and our teachers.

Shoppers For A Cause, Annual Shopping Coach Trip

Sunday, November 11, 2018

**Shop & Chat in Chauffeur (coach) Driven Comfort !
In the Company of a group of your Good Friends,
Book Now & Don't Miss our Great Day Out !**

Come shopping with us on a Full Day Trip to more than 15 Sydney factory outlets
Women's, mens & children's clothing & footwear, manchester, homewares, bags, toys & confectionery
A selection from these and more warehouses: Home & Gift Warehouse, Manchester Importer, KB Toys,
Paragold, Shire Sweets, Gordon Smith, FSW Shoes, Base Discounts, Puma, New Balance

Find all your favourite brands; 20 – 75% Discounts:

Maui, Hot Tuna, Hang Ten, Scanpan, Jag, Corelle, Barker, Marina Galani, Benzer, Décor, Cuisenart, Barcs,
Vivienne, Royal Doulton, Oxo, Wedgwood, Russ, Chassuer, Roc, Cab 55, Jamie Oliver, Celini, Katies,
Hilton, Ralph Lauren, Fiorelli, Von Dutch, Simone Turpin, Guess, Canning Vale, David Lawrence, Willowtree
Dri-Glo, Sheridan, Pyrex, David Lawrence, Candy, Mattel, Raco, Cuisena, Tony Bianco, Liz Jordan,
Breville, Kambrook, Blunt, Joan Weisz, Wiltshire, Vision, Analon, Eesteele, Elite, Salt & Pepper, Cellini



**Morning Tea & Bistro Lunch
On Board Raffle & Lucky Door Prizes**

**Adults \$ 62,
Children (5 - 17) \$ 22,
Seniors/Students \$ 52**



Tour departs from either

7.00am – Multi-storey Railway Station Carpark, Seven Hills

7.00am – Sacred Heart Parish, Westmead

For individual or group bookings contact
Virginia Knight on 9635 9262/ 0413 607571
office@sacredheartwestmead.com.au

Bookings Essential & Close October 31, 2018

Payment accepted via direct deposit, cash or cheque

Thank you to our hosts: Shop & Save Tours & Avid Travel