Tuesday 3rd March 2015

Dear Parents,

Next Wednesday 11th March, we will be holding our cross-country carnival at MJ Bennet Reserve Westmead for children who are 8 years and older. From the results of this carnival we will be selecting a school team to represent Sacred Heart at the Parramatta Diocesan Cross Country Carnival on Tuesday 5th May 2015 at Eastern Creek Raceway. Six competitors per age group and gender will be selected. To qualify for the school team the students must run the distance within set times listed below. The children run in the age that they turn in 2015.

- 8/9 yrs combined age group – 2km must be completed within 13 minutes.
- 10 yrs – 2km must be completed within 13 minutes.
- 11yrs - 3km must be completed within 17 minutes.
- 12yrs - 3km must be completed within 17 minutes.

The children who wish to participate in the carnival will walk to MJ Bennett Reserve next Wednesday at 9:00 am and the children who do not wish to compete in the races will stay at school. The carnival will conclude about midday and the children will walk back to school for lunch.

Please fill in the permission note below and return it to your classroom teacher by Thursday 5th March 2015 so the final details about the carnival can be organised.

To ensure the carnival runs smoothly we need parent helpers. If you are able to help it would be most appreciated. Please fill in the section on the permission note. Just a reminder that all parent helpers must have completed the Child Protection Workshop.

Kind regards
Mrs Sue Yanz

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CROSS COUNTRY CARNIVAL PERMISSION NOTE

(Please read and tick the appropriate box)

☐ I give permission for my child __________________________ in Year ______ to attend the Cross Country Carnival on Wednesday 11th March 2015. My child is able to run the required distance within the set time. I understand my child will be walking to and from MJ Bennett Reserve with the teachers.

☐ My child __________________________ in Year ______ WILL NOT be attending the cross-country carnival on Wednesday 11th March 2015 and will be staying at school.

Signed: __________________________ Date: ______________

☐ I am able to help at the carnival.
☐ I have completed the Child Protection Workshop

Name: __________________________ Contact phone number: __________________________